

# DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3oz Baked Chicken Fried Steak, 1/2c Mashed Potatoes & Gravy, 1/2c Peas, 1/2c Apricots CM10	3oz Roast Beef, 1/2c Mashed Potatoes w/Gravy, 1/2c Tomato Spoon Salad, 1/2c Fruit Cocktail A18	3oz Salisbury Steak w/gravy, Baked Potato, 1/2c California Veggies, 1/2c Plums 20-1A, 18-2 - S1	1c Navy Bean Soup w/shredded Cheese, 1/2c Carrots, 1/2c Mandarin Oranges, Cornbread Muffin CM59H - S47	1c Hawaiian Chicken Salad, Cornbread Muffin, 1/2c Stewed Tomatoes, 1/2c Apple Crisp w/topping BB4
1 1/8c Beef & Noodles, 1/2c Peas, 1/2c Apricots 3-3 - BN1	1 1/4c Spaghetti with Meat Sauce, 1c Tossed Salad, 3/4c Pudding w/Fruit AA22	1c Oven Baked Beef Stew, 1/2c Peaches, Cranberry Orange Bar, Crackers 26-3 - S48	3oz Liver & Onions, 1/2c Mashed Potatoes, 1/2c Broccoli, 1/2c Waldorf Salad, Orange 2 - L01	1 1/4c Homemade Tomato Soup, Beef Sandwich, 3/4c Jello w/Strawberries, Orange CM12
1 1/2c Goulash, 1/2c Colelaw, 1/2c Mandarin Oranges 5-1A - HG1	1 1/8c Chicken & Noodles, 1/2c Peas, 1/2c Pears B21	1/2c Sloppy Joe on Bun, 1/2c Potato Wedges, 1/2c Tomato Spoon Salad, 1/2c Pears CM66A - S32	Baked Ham Sweet Potatoes Green Bean Casserole Cranberry Sauce	Taco Salad w/Meat, Bean, Cheese, Salsa, Lettuce, Tomatoes, Tortilla Chips, Fresh Fruit A22
Chicken Strips Mashed Potatoes & Gravy Coleslaw Fruit	NO MEAL CHRISTMAS DAY	3oz Swiss Steak w/Onions & Tomatoes, 1/2c Mashed Potatoes, 1/2c Creamed Peas, 1/2c Fruit Cocktail A24	Hot Beef Sandwich, 1/2c Mashed Potatoes & Gravy, 1/2c Green Beans, 1/2c Peaches, 1/2c Vanilla Ice Cream BB3	1c Chili, 1/2c Fruit Cocktail, 1/2c Vanilla Ice Cream CM59F - S44
3oz Baked Steak w/Mushrooms & Gravy, 1/2c Mashed Potatoes, 1/2c Glazed Carrots, 3/4c Jello w/Fruit CM61				

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.