



Events @ the Senior Center 301 Military Road ~ 605-780-0400

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12p Sr Meal	2 12p Sr Meal	3 12p Sr Meal	4 12p Sr Meal Chair Yoga 1:30-2:30 p	5 12p Sr Meal <i>Farmers Market @ 5p</i>	6
7 12p Sr Meal	8 12p Sr Meal	9 12p Sr Meal <i>Senior Cinema 12:30p "Popcorn"</i>	10 12p Sr Meal	11 12p Sr Meal Chair Yoga 1:30-2:30 p Humana Market 11:30 a	12 12p Sr Meal <i>Farmers Market @ 5p</i>	13
14 	15 12p Sr Meal	16 12p Sr Meal <i>Senior Cinema 12:30p "Popcorn"</i>	17 12p Sr Meal Birthday Meal	18 12p Sr Meal Chair Yoga 1:30-2:30 p	19 12p Sr Meal <i>Farmers Market @ 5p</i>	20
21 12p Sr Meal	22 12p Sr Meal	23 12p Sr Meal	24 12p Sr Meal	25 12p Sr Meal Chair Yoga 1:30-2:30 p Health Wise FREE blood pressure checks 11:30 a	26 12p Sr Meal <i>Farmers Market @ 5p</i>	27
28 12p Sr Meal Sr Center Closed for Memorial Day	29 12p Sr Meal	30 12p Sr Meal	31 12p Sr Meal	 <p><i>The Center is open week days from 9a-1:30p so you can enjoy coffee, read the paper or watch the news ... for free.</i></p> 